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[11]

# [54] METHOD OF INHIBITING NITRIC OXIDE SYNTHASE

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#### [57] ABSTRACT

This invention is directed to a pharmacologically acceptable composition for inhibiting nitric oxide synthase in a mammal, which include catechin derivatives and a pharmaceutically acceptable carrier. The invention also concerns a method of inhibiting nitric oxide synthase, and treating various conditions where there is an advantage in inhibiting nitric oxide biosynthesis. The method includes the step of administering to a mammal a catechin derivative, such as epigallocatechin-3-gallate or a related polyphenol, in pure form or in a pharmaceutically acceptable carrier. The novel inhibitors inhibit nitric oxide synthase at the level of gene expression and enzyme activity.

10 Claims, 5 Drawing Sheets